

# October 2021

# Pennridge Middle Schools

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



French Toast Sticks  
& Sausage  
Tator Tots  
Warm Apple Slices  
Fresh & Canned Fruit  
Choice of Milk

4  
Lasagna Roll Up  
Mixed Vegetables  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

5  
Homemade Macaroni & Cheese  
Tomato Soup  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

6  
Chicken Nuggets  
Baked French Fries  
Golden Corn  
Fresh & Canned Fruit  
Choice of Milk

7  
Cheese Pizza  
Steamed Broccoli  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

8  
Cheesesteak Sandwich  
Steamed Carrots  
Celery Sticks  
Fresh & Canned Fruit  
Choice of Milk

11  
NO SCHOOL  
IN-SERVICE DAY

12  
Hamburger or Cheeseburger on Bun  
Baked French Fries  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

13  
Walking Tacos  
Baby Carrots  
Salsa  
Fresh & Canned Fruit  
Choice of Milk

14  
Cheese Pizza (Domino's @ CENTRAL)  
Steamed Broccoli  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

15  
2 Hot Dogs on Buns  
Baked Beans  
Celery Sticks  
Fresh & Canned Fruit  
Choice of Milk

18  
Mandarin Orange  
Chicken  
Steamed Rice & Veggies  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

19  
Meatball Sub  
Steamed Green Beans  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

20  
Grilled Cheese Sandwich  
Tomato Soup  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

21  
Cheese Pizza (Domino's at SOUTH)  
Steamed Broccoli  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

22  
Homemade Chicken Quesadilla  
Golden Corn  
Salsa  
Fresh & Canned Fruit  
Choice of Milk

25  
WG Funnel Cake & Sausage  
Tator Tots  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

26  
Corn Dog  
Steamed Mixed Veggies  
Celery Sticks  
Fresh & Canned Fruit  
Choice of Milk

27  
Hamburger or Cheeseburger on Bun  
Vegetable Soup  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

28  
Cheese Pizza (Domino's @ NORTH)  
Steamed Broccoli  
Baby Carrots  
Fresh & Canned Fruit  
Choice of Milk

29  
Popcorn Chicken  
Mashed Potatoes  
Golden Corn  
Fresh & Canned Fruit  
Choice of Milk  
*Halloween Cookie!*

## Served Daily

Lunch Choices:

1. Entree listed on menu
2. Daily Sandwich, Wrap, Hoagie, or Salad
3. PBJ Uncrustable

Fresh & Canned Fruit may include: Apples, Oranges, Bananas, Apple Slices, Applesauce, Mixed Fruit, Mandarin Oranges, Peaches, Pears, Pineapples, Grapes, and 100% Fruit Juice

Milk Choices: Fat Free Chocolate and 1% White

\*PLEASE NOTE: MENUS ARE SUBJECT TO CHANGE AT ANY TIME DUE TO NATIONWIDE SUPPLY CHALLENGES

## School Info

**ALL BREAKFAST & LUNCH MEALS ARE PROVIDED AT NO COST THROUGH JUNE 30, 2022 FOR ALL STUDENTS**