

MAY 2021

Penrridge High School Grab & Go



Monday

3
Mini Pancakes & Cheese Stick
Vegetable
Orange Juice
Milk

10
French Toast Slice & Cheese Stick
Vegetable
Fruit
Choice of Milk

17
Mini Pancakes & Cheese Stick
Vegetable
Orange Juice
Milk

24
Cheese Pizza
Baby Carrots
Fruit
Choice of Milk

31
NO SCHOOL
MEMORIAL DAY

Tuesday

4
Fresh Turkey & Cheese Sandwich
Baked Chips
Baby Carrots
Apple Juice
Choice of Milk

11
Fresh Chicken Salad Sandwich
Baked Chips
Baby Carrots
Fruit Juice
Choice of Milk

18
Fresh Ham & Cheese Sandwich
Baked Chips
Baby Carrots
Fruit
Choice of Milk

25
Fresh Chicken Salad Sandwich
Baked Chips
Vegetable
Fruit
Choice of Milk

Wednesday

5
Yogurt & Pretzel
Vegetable
Apple Juice
Choice of Milk

12
Bagel & Yogurt
Vegetable
Orange Juice
Choice of Milk

19
Walking Tacos
Salsa
Apple Crisps
Choice of Milk

26
Yogurt & Pretzel
Vegetable
Apple Juice
Choice of Milk

Thursday

6
Chicken Caesar Salad
Fruit
Choice of Milk
Cookie!

13
Chicken Caesar Salad
Fruit
Choice of Milk
Cookie!

20
Chicken Caesar Salad
Fruit Juice
Choice of Milk
Cookie!

27
Chicken Caesar Salad
Fruit
Choice of Milk
Cookie!

Friday

7
Chicken Tenders
Baby Carrots
Fruit
Choice of Milk

14
Cheese Pizza
Baby Carrots
Fruit
Choice of Milk

21
Bagel & Yogurt
Vegetable
Orange Juice
Choice of Milk

28
Cheesy Pull Aparts
Baby Carrots
Fruit
Choice of Milk

Information

Grab & Go Options Available Daily:

1. Main entrée—heating instructions will be provided with meal
2. PBJ Uncrustable Sandwich

ALL LUNCH MEALS INCLUDE VEGETABLES & FRUITS LISTED

Fruit may include: Apples, Oranges, Bananas, Grapes, Apple Slices, Peaches, Pears, Applesauce, Mandarin Oranges, Pineapples, Mixed Fruit, Raisins, or Craisins

Milk Choice: Fat Free Chocolate or 1% White

School Info

ALL BREAKFAST AND LUNCH MEALS ARE FREE FOR ALL STUDENTS THROUGH JUNE 2021!

FREE Breakfast is available everyday in the cafeteria beginning at 6:30am

DID YOU KNOW?

Blue jeans were official invented in May of 1873 after Levi Strauss and Jacob Davis obtained a patent for the pants on May 20th.

