

October 2022

Penridge Elementary Schools

MONDAY

- 1.Hamburger on Bun **3**
- 2.PBJ Sandwich with Cheese Stick & Crackers Baked French Fries Baby Carrots Fresh & Canned Fruit Choice of Milk

10

**NO SCHOOL
IN-SERVICE
DAY**

- 1.Mozzarella Sticks with Marinara Sauce **17**
- 2.PBJ Sandwich with Cheese Stick & Crackers Tossed Salad Steamed Green Beans Fresh & Canned Fruit Choice of Milk

24

- 1.Hot Dog on a Bun **24**
- 2.PBJ Sandwich with Cheese Stick & Crackers Baked Beans Tossed Salad Fresh & Canned Fruit Choice of Milk

31

- 1.Halloween Shaped Chicken Nuggets **31**
- 2.PBJ Uncrustable with Cheese Stick & Crackers Tossed Salad Baby Carrots Fresh & Canned Fruit Choice of Milk *Fresh Baked Cookie!*

TUESDAY

- 1.Cheese Pizza—(Deibler & Guth Dominos) **4**
- 2.PBJ Sandwich with Cheese Stick & Crackers Fresh Veggies&Hummus Steamed Carrots Fresh & Canned Fruit Choice of Milk

11

- 1.Cheese Pizza—(WRH & Sellersville Dominos) **11**
- 2.PBJ Sandwich with Cheese Stick & Crackers Steamed Broccoli Tossed Salad Fresh & Canned Fruit Choice of Milk

18

- 1.Cheese Pizza—(Seylar & Grasse Dominos) **18**
- 2.PBJ Sandwich with Cheese Stick & Crackers Steamed Broccoli Celery Sticks Fresh & Canned Fruit Choice of Milk

25

- 1.Cheese Pizza—(Bedminster Dominos) **25**
- 2.PBJ Sandwich with Cheese Stick & Crackers Steamed Broccoli Baby Carrots Fresh & Canned Fruit Choice of Milk

WEDNESDAY

NO SCHOOL

5

- 1.Nachos **12**
- 2.PBJ Sandwich with Cheese Stick & Crackers Refried Beans Lettuce, Tomato &Salsa Fresh & Canned Fruit Choice of Milk

19

- 1.Homemade Mac & Cheese **19**
- 2.PBJ Sandwich with Cheese Stick & Crackers Tossed Salad Baby Carrots Fresh & Canned Fruit Choice of Milk

26

- 1.Homemade Cheese Quesadilla **26**
- 2.PBJ Sandwich with Cheese Stick & Crackers Salsa Tossed Salad Fresh & Canned Fruit Choice of Milk

THURSDAY

- 1.Chicken Alfredo over Pasta **6**
- 2.PBJ Sandwich with Cheese Stick & Crackers Steamed Broccoli Baby Carrots Fresh & Canned Fruit Choice of Milk

13

- 1.Chicken Patty Sandwich **13**
- 2.PBJ Sandwich with Cheese Stick & Crackers Smile Fries Tossed Salad Fresh & Canned Fruit Choice of Milk

20

- 1.Chicken Nuggets **20**
- 2.PBJ Sandwich with Cheese Stick & Crackers Baked French Fries Baby Carrots Fresh & Canned Fruit Choice of Milk

27

- 1.Popcorn Chicken **27**
- 2.PBJ Sandwich with Cheese Stick & Crackers Sweet Potato Fries Fresh Veggies Fresh & Canned Fruit Choice of Milk

FRIDAY

- 1.Choice of Hoagie **7**
- 2.PBJ Sandwich with Cheese Stick & Crackers Fresh Veggies Fresh & Canned Fruit Choice of Milk

14

- 1.Taco Salad **14**
- 2.PBJ Sandwich with Cheese Stick & Crackers Baby Carrots Fresh & Canned Fruit Choice of Milk

21

- 1.Choice of Hoagie **21**
- 2.PBJ Sandwich with Cheese Stick & Crackers Fresh Veggies & Hummus Fresh & Canned Fruit Choice of Milk

28

1. Chicken Caesar Salad w/Roll **28**
- 2.PBJ Sandwich with Cheese Stick & Crackers Baby Carrots Fresh & Canned Fruit Choice of Milk

Information

Lunch Price: \$2.75
Reduced Lunch Price: \$0.40
Fresh & Canned Fruit may include: Apples, Oranges, Bananas, Apple Slices, Applesauce, Mixed Fruit, Mandarin Oranges, Peaches, Pears, Pineapples, Grapes, and 100% Fruit Juice
Milk Choices: Fat Free Chocolate and 1% White

**BREAKFAST MEALS
ARE FREE FOR ALL
STUDENTS!!**

Apply for Free/Reduced
Price Lunch Meals:



New! View menus online
<https://schools.mealviewer.com/>

Cash or checks can be sent into the cafeteria in an envelope marked with your child's name & ID number. Checks should be made to Penridge Nutritional Services.

Online payments can be made at www.ezschoollpay.com
Sign up for free to view your child's purchases as well as depositing money into their lunch account.



Did you know?

October has two strikingly different birth flowers: the pastel-hued cosmos, and the radiant marigold.

