

DAILY ITEMS

Whole Grain Cereals
Bagel & Cream Cheese
WG Benefit Bar

2022 — 2023 School Year
Daily Breakfast Menu
Pennridge Middle Schools
"Most important meal of the day"

Fruit May Include:

Apples, Oranges, Bananas,
Watermelon, Cantaloupe, Strawberries, Grapes
Craisins, Blueberries, or Raisins
Peaches, Pineapples, Mandarin Oranges or
Mixed Fruit

*MUST choose one fruit or juice
For a complete meal*

Breakfast Price: \$2.00 Reduced Price: \$0.30

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE	CHOICE OF DAILY ITEM OR ENTRÉE
Mini Breakfast Item	Breakfast Sandwich	WG Cinnamon Roll	Breakfast Sandwich	WG Funnel Cake
CHOICE OF FRUIT/ JUICE Select (1 or 2) 100% Juice Fresh or Canned Fruit	CHOICE OF FRUIT/JUICE Select (1 or 2) 100% Juice Fresh or Canned Fruit	CHOICE OF FRUIT/JUICE Select (1 or 2) 100% Juice Fresh or Canned Fruit	CHOICE OF FRUIT/JUICE Select (1 or 2) 100% Juice Fresh or Canned Fruit	CHOICE OF FRUIT/ JUICE Select (1 or 2) 100% Juice Fresh or Canned Fruit
CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate	CHOICE OF MILK Select (1) 1% White or Fat Free Chocolate

September 2022					October 2022					November 2022					December 2022					January 2023				
29	30	31	1	H	3	4	H	6	7		1	2	3	4				1	2	H	3	4	5	6
H	6	7	8	9	*	11	12	13	14	7	*	9	10	11	5	6	7	8	9	9	10	11	12	13
12	13	14	15	16	17	18	19	20	21	14	15	16	17	18	12	13	14	15	16	H	17	18	19	20
19	20	21	22	23	24	25	26	27	28	21	E	*	H	H	19	20	21	22	23	*	24	25	26	27
H	27	28	29	30	31					28	29	30			H	H	H	H	H	30	31			

February 2023					March 2023					April 2023					May 2023					June 2023				
		1	2	3			1	2	3	3	4	5	*	H	1	2	3	4	5				1	2
6	7	8	9	10	6	7	8	9	10	H	11	12	13	14	8	9	10	11	12	5	6	7	8	9
13	14	15	16	H	13	14	15	16	17	17	18	19	20	21	15	16	17	18	19					
H	*	22	23	24	20	21	22	23	24	24	25	26	27	28	22	23	24	25	26					
27	28				27	28	29	30	31						H	30	31							

H = Holiday (School Closed)

*= Professional Development / In Service (School Closed)

E=Early Dismissal

*Apply for Free/Reduced Meals:

